

# In The Picture

February 2016

# Peter de Petter

Winner 6 uur van Aalter 2015

Winner 6 uur van Nijvel 2015



Peter de Petter, a professional bus driver is a real early bird. If you don't see him running at the Dender, his favourite river, then you'll definitely find him on his motorcycle. Most of all he likes to run 6-hour runs, because these races combine the speed of a marathon with the endurance skills of ultrarunning. He also pays a lot of attention at his warming up and cooling downs.

## **When did you start ultrarunning?**

I started ultrarunning in 2012.

## **Why did you start ultrarunning?**

Actually the goal was to finish the Spartathlon. If this was about to happen, then I would quit competitive sporting. Unfortunately it didn't work out and we continue to keep on trying.

## **Before you started ultrarunning, did you practice other sports?**

Before I started ultrarunning, I practised triathlon combined with climbing, skydiving and survival-runs.

## **Which race track you find the most beautiful to run?**

I find the most beautiful track a track in rounds. You'll find them on 6h, 12h or 24h runs. Preferably I prefer rounds of maximum two kilometers.

## **Which earned title gives you the most satisfaction?**

The 6 uur van Aalter. On this ultrarun most ultrarunners were present. It was extremely hot and that's really my thing. The race, due to the weather, became a real battle of attrition.

## **Which advice would you like to give to other runners?**

It depends on their ambitions. You can run on different levels. It's obvious that someone who runs 80 km on a 6-hour run trains different from someone who runs 60 km.

## **Which discipline within the ultrarunning do you prefer to run?**

The 6-hour runs. These races combine the speed of a marathon with the endurance skills of ultrarunning.

## **To which sporter are you looking up to?**

To no-one in fact. I respect everyone who does his best and tries to get to the bottom of it.

## **Which goals do you wish to achieve in 2016?**

I'll try to run 75 km on a 6-hour race. That's 109 meter further than my personal record of 74891 meter which I ran on the 6 uur van Stein 2012. I have three opportunities this year to achieve this goal.

**Thank you for the interview Peter. We look forward to your participation of the 6-hour race at Stein.**

**We wish you good luck.**

**Kevin Simons**